



BLUE ROCK

Café &
Restaurant

MENU 2016

I. BREAKFAST:

V	JUMBO MUFFIN	R22
V	OVEN WARM TOAST 3 slices of toast served with butter and jam	R26
V	FRESH FRUIT SALAD WITH/WITHOUT YOGHURT	R56
	BREAKFAST PIZZA Bacon, smoked sausage, mushroom, egg	R115
	BLUE ROCK BREAKFAST 2 eggs (fried/poached/scrambled), crisp bacon, boerewors, grilled tomato, 2 slices of toast, butter	R75
	BREAKFAST SANDWICH Fresh Homemade bread, scrambled eggs, bacon & tomato	R75
	EXTRAS:	
	Bacon	R25
	Homemade Bread	R12
	2 Slices of Toast	R12
	Butter/Jam	R12
	Egg	R8
	Cheese	R20
	Bockwurst	R25

II. SANDWICHES:

TOASTED SANDWICHES:

Using 2 slices of white or
whole-wheat bread

V	CHEESE	R30
V	CHEESE AND TOMATO	R35
	CHEESE AND HAM	R45
	CHICKEN MAYONNAISE	R48

GOURMET SANDWICHES:

Fresh homemade bread, served with
a salad garnish

V	TOSCANA SANDWICH Grilled marinated vegetables, basil pesto & cheddar cheese	R68
	BLUE ROCK CLUB SANDWICH Chicken mayonnaise, bacon and cheddar Add avocado (seasonal)	R78 R22
	CONTINENTAL DELIGHT Gypsy ham, cheddar cheese, rocket, Dill cucumber & German mustard	R75
	BREAKFAST SANDWICH Fresh Homemade bread, scrambled eggs, bacon & tomato	R75

III. LIGHT MEALS AND NIBBLES:

V **PORTION OF CHIPS** **R29**
Crispy French style chips

CHICKEN FILLET STRIPS

CRUMBED **R69**

CREAMY HERB DIP **R20**

The ideal complement for our chips and crumbed Chicken Strips

ANTIPASTI PLATTER

Shavings of ham and salami, selected cheeses with Mediterranean style marinated vegetables, eggs, pears, walnuts and pickles served with fresh Homemade Bread

FOR ONE PERSON **R98**

Extra Homemade Bread **R12**

IV. SALADS:

BLUE ROCK SALAD **R78**

Lettuce, tomato, onion, carrot, feta, olives & Blue Rock House Dressing

TUNA SALAD **R89**

Lettuce, tomato, onion, carrot topped with tuna, olives, vinaigrette

ROAST CHICKEN SALAD **R89**

Roasted chicken strips served with lettuce, tomato, onion, carrot & Blue Rock House Dressing

V **MIXED SEASONAL SALAD PLATTER** **R78**

Beetroot Salad, Potato Salad, Coleslaw & Carrot Salad, Green Salad with Tomatoes

EXTRAS:

Egg **R8**

Cheese **R20**

120g Burger Patty **R28**

Mushroom/Pepper Sauce **R25**

Creamy Herb Sauce **R20**

Avocado (Seasonal) **R22**

Portion of Veggies **R39**

Side Salad **R39**

Bacon **R25**

V. SCHNITZELS:

All our schnitzels are served with a choice of crispy chips or mixed salad.

WIENER SCHNITZEL

Crumbed & fried to golden brown perfection, served with a lemon wedge

CHICKEN **R92**

CORDON BLEU

Crumbed schnitzel filled with Gypsy ham and cheese, served with a lemon wedge

CHICKEN **R115**

VI. GRILLS, STEAKS & BURGERS:

BOCKWURST OR BOEREWORS

WITH A ROLL & GERMAN MUSTARD **R32**

V

POTATO SALAD **R30**

BEEF BURGER

A homemade 120g beef patty, served with onions, lettuce & tomato

WITH CHIPS **R85**

CHICKEN BURGER

A juicy grilled chicken breast fillet, served with onions, lettuce & tomato

WITH CHIPS **R85**

CHICKEN BURGER CRUMBED

WITH CHIPS **R91**

BLUE ROCK GOURMET

BURGER

200g Beef patty glazed with BBQ sauce, bacon, cheddar cheese, caramelized onion and chips

Add avocado (seasonal) **R22**

VII. PIZZA ALA ITALIA :

Our pizzas are thin based with a 30cm crust.
All pizzas are based with our homemade tomato sauce and garlic, olive oil & Italian herbs and topped with our special blend of mozzarella and matured cheddar cheeses.

**Avocado seasonal

V	PANNE ALL'AGLIO	R52
	Garlic flatbread with olive oil and Italian herbs	
V	MARGHERITA	R69
	Tomato, mozzarella, herbs	
V	FUNGHI	R89
	Mushroom, garlic	
	REGINA	R89
	Gypsy ham, mushroom	
	HAWAII	R89
	Gypsy ham, pineapple	
V	MEDITERRANEAN	R90
	Various roasted Mediterranean vegetables, onion, tomato, Italian herbs	
	FLORENCE	R96
	Smoked sausage, peppers, aubergines	
	BOLOGNESE	R105
	Bolognese Meat Sauce, peppers, onions	
	DIABOLO	R105
	Gypsy ham, peppers, chilli	
	ADRIA	R105
	Mediterranean vegetables, feta cheese, bacon	
	ATHENS FITNESS	R105
	Pizza base with tomato and mozzarella, topped with Greek salad	

EXOTICA	R110
Bacon, avocado, onion	
**Avocado seasonal	

BLUE ROCK PIZZA	R110
BBQ chicken, peppers, onion, chilli	

ASIATICA	R110
Sweet & spicy chicken, pineapple, peppers, onions	

ROMA	R110
Salami, peppers, feta, cherry tomatoes	

CAPRICCIOSA	R110
Gypsy ham, mushroom, aubergine	

V	OSTIA	R110
	Vegetables, avocado, olives, feta	
	**Avocado seasonal	

BREAKFAST PIZZA	R115
Bacon, smoked sausage, mushroom, egg	

ADDITIONAL COST PER PIZZA:

Gluten Free Pizza Base	R20
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EXTRA TOPPINGS:

Egg, Onion, Chilli, Garlic	R8
Mediterranean Vegetables, Rocket, Aubergine	R15
Olives, Feta, Grilled Peppers, Mushroom, Mozzarella, Pineapple	R20
Avocado (seasonal)	R22
Bacon, Ham, Bockwurst, Boerewors, Bolognese Meat Sauce, Chicken, Salami, Parmesan	R25
Basil Pesto	R35

VIII. DESSERTS:

CAKE OF THE DAY

Please ask your waiter for today's selection

ADD WHIPPED CREAM

ADD ICE CREAM

SQ

R16

R16

ICE CREAM COUPES

COUPE CARAMELLO

Vanilla and caramel ice cream with a double shot Caramel Vodka and whipped cream

R75

COUPE DENMARK

Vanilla ice cream and hot Chocolate sauce, whipped cream and toasted almonds

R70

ICE CREAM COFFEE

Vanilla ice cream in iced black coffee topped with whipped cream

R59

TUTTI FRUITY

Vanilla & Strawberry ice cream topped with freshly made fruit salad and whipped cream

R70

BANANA SPLIT

Vanilla ice cream with banana, hot chocolate sauce, whipped cream and toasted almonds

R72

KID'S COUPE

Vanilla ice cream with sugar cone, garnished with sweets

R39

DON PEDRO

Kahlua blended with Vanilla ice cream

R46

SUGAR CONE

VANILLA/CHOCOLATE/STRAWBERRY

1 / 2 SCOOPS

R16 / R28

