



BLUE ROCK
Café &
Restaurant

WINTER MENU 2015

I. BREAKFAST:

V	JUMBO MUFFIN	R22
V	OVEN WARM TOAST 3 slices of toast served with butter and jam	R22
V	FRESH FRUIT SALAD WITH/WITHOUT YOGHURT	R48
	BREAKFAST PIZZA Bacon, smoked sausage, mushroom, egg	R109
	BLUE ROCK BREAKFAST 2 eggs (fried/poached/scrambled), crisp bacon, smoked sausage, grilled tomato, 2 slices of toast, butter and jam	R68
	CONTINENTAL BREAKFAST PLATTER Gypsy ham, cheese, hardboiled egg, tomato, pickled cucumber, continental roll & butter	R68
	BREAKFAST SANDWICH Fresh Homemade bread, scrambled eggs, bacon & tomato	R68
	EXTRAS:	
	Bacon/Smoked Sausage	R20
	Homemade Bread	R10
	2 Slices of Toast	R10
	Butter/Jam	R10
	Egg	R13
	Cheese	R18
	Jumbo Bockwurst	R24

II. SANDWICHES:

TOASTED SANDWICHES:

Dagwood style, using 3 slices of white or whole-wheat bread, served with a garnish of chips

V	CHEESE	R34
V	CHEESE AND TOMATO	R39
	CHEESE AND HAM	R48
	CHICKEN MAYONNAISE	R48
	BACON AND SCRAMBLED EGG	R52

GOURMET SANDWICHES:

Fresh homemade bread, served with a salad garnish

V	TOSCANA SANDWICH Grilled marinated vegetables, basil pesto & cheddar cheese	R64
	BLUE ROCK CLUB SANDWICH Chicken mayonnaise, bacon and cheddar Add avocado (seasonal)	R69 R20
	CONTINENTAL DELIGHT Gypsy ham, cheddar cheese, Dill cucumber & German mustard	R69

	BREAKFAST SANDWICH Fresh Homemade bread, scrambled eggs, bacon & tomato	R68
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III. LIGHT MEALS AND NIBBLES:

V	PORTION OF CHIPS	R28
	Crispy French style chips	
	CHICKEN FILLET STRIPS	
	CRUMBED	R64
	WITH CHIPS/MIXED SALAD	R89
	CREAMY HERB DIP	R15
	The ideal compliment for our chips and crumbed Chicken Strips	
	ANTIPASTI PLATTER	
	Shavings of air dried beef cured in our kitchen, shavings of ham and salami, selected cheeses with Mediterranean style marinated vegetables and pickles Served with fresh Homemade Bread	
	FOR ONE PERSON	R95
	FOR TWO PEOPLE	R185
	Extra Homemade Bread	R10

IV. SALADS:

	BLUE ROCK SALAD	R68
	Lettuce, tomato, onion, carrot, feta, olives & Blue Rock House Dressing	
	TUNA SALAD	R84
	Lettuce, tomato, onion, carrot topped with tuna, olives, vinaigrette	
	ROAST CHICKEN SALAD	R82
	Roasted chicken strips served with lettuce, tomato, onion, carrot & Blue Rock house dressing	
V	MIXED SEASONAL SALAD PLATTER	R73
	Beetroot Salad, Potato Salad, Coleslaw & Carrot Salad, Green Salad with Tomatoes	

EXTRAS:

Egg	R13
Bacon/Cheese	R18
120g Burger Patty	R26
Mushroom/Pepper Sauce	R21
Creamy Herb Sauce	R15
Avocado (Seasonal)	R20
Portion of Veggies	R28
Side Salad	R28

V. SCHNITZELS:

All our schnitzels are served with a choice of crispy chips or mixed salad.

WIENER SCHNITZEL

Crumbed & pan fried to golden brown perfection, served with a lemon wedge

CHICKEN **R88**

CORDON BLEU

Crumbed schnitzel filled with Gypsy ham and cheese, served with a lemon wedge

CHICKEN **R105**

VI. GRILLS, STEAKS & BURGERS:

	BOCKWURST WITH ROLL & GERMAN MUSTARD	R29
V	POTATO SALAD	R28
	BEEF BURGER	R55
	A homemade 120g beef patty, served with onions, lettuce & tomato	
	WITH CHIPS	R79
	CHICKEN BURGER	R55
	A juicy grilled chicken breast fillet, served with onions, lettuce & tomato	
	WITH CHIPS	R79
	CHICKEN BURGER CRUMBED	R59
	WITH CHIPS	R83
	BLUE ROCK GOURMET BURGER	R98
	200g Beef patty glazed with BBQ sauce, bacon, cheddar cheese, caramelized onion and chips	
	Add avocado (seasonal)	R20

VII. PIZZA ALA ITALIA :

Our pizzas are thin based with a 30cm crust.

All pizzas are based with our homemade tomato sauce and garlic, olive oil & Italian herbs and topped with our special blend of mozzarella and matured cheddar cheeses.

**Avocado seasonal

REGULAR PIZZA:

V	PANNE ALL'AGLIO	R38
	Garlic flatbread with olive oil and Italian herbs	
V	MARGHERITA	R68
	Tomato, mozzarella, herbs	
V	FUNGHI	R86
	Mushroom, garlic	
	REGINA	R86
	Gypsy ham, mushroom	
	HAWAII	R86
	Gypsy ham, pineapple	
V	MEDITERRANEAN	R89
	Various roasted Mediterranean vegetables, onion, tomato, Italian herbs	
	FLORENCE	R94
	Smoked sausage, peppers, aubergines	
	BOLOGNESE	R94
	Italian style meat ragu, peppers, onions	
	DIABOLO	R96
	Gypsy ham, peppers, chilli	
	ADRIA	R98
	Mediterranean vegetables, feta cheese, bacon	
	ATHENS FITNESS	R98
	Pizza base with tomato and mozzarella, topped with Greek salad	

GOURMET PIZZA:

	EXOTICA	R110
	Bacon, avocado, onion	
	**Avocado seasonal	
	BLUE ROCK PIZZA	R105
	BBQ chicken, peppers, onion, chilli	
	ASIATICA	R105
	Sweet & spicy chicken, pineapple, peppers, onions	
	ROMA	R108
	Salami, peppers, feta, cherry tomatoes	
	CAPRICCIOSA	R108
	Gypsy ham, mushroom, aubergine	
V	OSTIA	R108
	Vegetables, avocado, olives, feta	
	**Avocado seasonal	
	BREAKFAST PIZZA	R109
	Bacon, smoked sausage, mushroom, egg	
	SANTA LUCIA	R138
	Mediterranean vegetables, air dried cured beef, avocado	
	**Avocado seasonal	
	EXTRA TOPPINGS:	
	Tomatoes, Garlic, Chilli, Egg, Onion, Pineapple, Aubergine, Grilled Peppers	R15
	Ham, BBQ Chicken, Olives, Rocket, Mushroom, Bolognese Meat Sauce, Mozzarella, Feta, Parmesan, Mediterranean Vegetables, Bacon, Basil Pesto, Salami, Smoked Sausage,	R18
	Avocado (seasonal)	R20
	Jumbo Bockwurst	R24
	Cured Beef 30g	R28