RESTAURANT MENU



BLUE ROCK

Cafe & Restaurant

- I. BREAKFAST
- II. SANDWICHES
- III. LIGHT MEALS & NIBBLES
- IV. SALADS
- V. PIZZA A LA ITALIA
- VI. BURGERS
- VII. SCHNITZELS
- VIII. DESSERTS

BLUE ROCK RESORT RESTAURANT

| FUNCTIONS | BIRTHDAYS | BACHELOR PARTIES | EVENTS | WAKEBOARDING | PAINTBALL

| ZIP LINE | SWIMMING | ROCK-JUMPING

021 858 1330 | INFO@BLUEROCK.CO.ZA | WWW.BLUEROCK.CO.ZA



I. BREAKFAST

MUFFIN (Variety of flavours available) A muffin served with butter, jam & cheese	R50
BLUE ROCK BREAKFAST Two eggs (fried/scrambled) crisp bacon, boerewors, Grilled tomato, two slices of toast (white/brown) & butter	R85
VEGETARIAN BREAKFAST A fried egg on home-made bread with chips, mushrooms, Grilled baby marrows & tomato	R85
BREAKFAST BURGER 180g beef patty or a grilled chicken breast, Glazed with BBQ sauce, bacon, egg, lettuce, Tomato, cheddar cheese & caramelized onions (Home-made patty & bread)	R132
BREAKFAST PIZZA Bacon, smoked sausage, mushrooms, egg & tomato	R140
EXTRAS: Egg Butter & Jam Cheese Boerewors Bacon Home-made bread / two slices of toast	R10 R15 R25 R28 R28 R15



II. TOASTED SANDWICHES

White/brown bread and served with chips

CHEESE	R50
CHEESE & TOMATO	R55
CHEESE & HAM	R70
CHICKEN MAYONNAISE	R70
BACON & EGG	R70

GOURMET SANDWICHES

BLUE ROCK CLUB SANDWICH	R115
Chicken mayonnaise, bacon, lettuce, tomato &	
Cheddar cheese on home-made bread	
Add avocado (seasonal)	R25

HOME-MADE BREAD Get a taste of our fresh, authentic, thin, crusty outside & a fluffy, chewy inside fresh home-made bread



III. LIGHT MEALS & NIBBLES

PORTION OF CRISPY CHIPS On home-made bread	R32
FRANKFURTER (90G) SERVED WITH CATCH UP / MUSTARD On home-made bread	R34
BOCKWURST	
On home-made bread	R39
BOEREWORS GLAZED WITH BBQ ONIONS On home-made bread	R39
CRUMBED CHICKEN FILLET STRIPS With a creamy herb dip sauce	R85
CRUMBED CHICKEN FILLET STRIPS WITH CHIPS With a creamy herb dip sauce	R115

IV. SALADS

GREEK SALAD	R90
Lettuce, cherry tomatoes, carrots, feta, egg, cucumbers & croutons, served with blue rock house dressing	

TUNA SALAD R100

Lettuce, cherry tomatoes, carrot & cucumbers, Topped with tuna, served with blue rock house dressing

GRILLED CHICKEN STRIP SALAD R105

Grilled chicken strips served with lettuce, tomato, Carrots & cucumber, served with blue rock house dressing

BLUE ROCK SALAD* R120

Grilled / raw mushroom, cherry tomatoes, red onion, Avocado, cucumber, corn, lettuce, boiled egg & baby potatoes, peppers



V. PIZZA A LA ITALIA:

Our pizzas have a thin base with a 30 cm crust. All pizzas are based with our home-made tomato sauce, Garlic, olive oil & Italian herbs, topped with our unique blend of mozzarella & matured cheddar cheeses.

MARCHERITA	
MARGHERITA Plain oil (no garlic) Tomato, mozzarella, herbs	R85
MEDITERRANEAN Mediterranean vegetables, onion, Italian herbs	R98
FLORENCE Smoked Sausage, peppers, aubergines, mushrooms	R110
REGINA Gypsy ham, mushrooms	R110
HAWAII Gypsy ham, pineapple	R110
ADRIA Mediterranean vegetables, feta, bacon	R110
DIAVOLO Hot salami, chilli, green pepper	R125
BOLOGNESE Bolognese meat sauce, feta, spinach	R128
EXOTICA Bacon, avocado, onion *avocado seasonal	R130
ROMA Salami, spinach, feta, cherry tomatoes	R130
BLUE ROCK PIZZA BBQ chicken, chilli, peppers, onion	R130
ASIATICA Sweet & spicy chicken, pineapple, cherry tomatoes, onions	R138
BREAKFAST PIZZA Bacon, smoked sausage, mushrooms, egg & tomato	R140
PIZZA EXTRAS: Egg / Onion / Chilli / Garlic Mediterranean Vegetables Feta / Pineapple / Mushroom / Rocket / Avocado (seasonal) Bacon/ Ham /Bockwurst / Boerewors Bolognese Meat Sauce / Chicken / Salami	R10 R20 R25 R28 R28



R42

VI. BURGERS:

(All burgers with home-made patty & home-made bread) (Meat is from grass fed livestock) All burgers are served with either chips, green salad or Grilled vegetables

BEEF/CHICKEN BURGER 120g beef patty or a grilled chicken breast, With onions, lettuce & tomato	R95
CRUMBED CHICKEN BURGER Crumbed chicken strips with onions, lettuce & tomato	R100
HAWAIIAN BURGER 180g beef patty or a grilled chicken breast, Glazed with BBQ sauce, pineapple, lettuce, tomato, Cheddar cheese & caramelized onions	R120
BLUE ROCK GOURMET BURGER 180g beef patty or a grilled chicken breast, Glazed with BBQ sauce, bacon, lettuce, tomato, Cheddar cheese & caramelized onions	R125
BREAKFAST BURGER 180g beef patty or a grilled chicken breast, Glazed with BBQ sauce, bacon, egg, lettuce, tomato, Cheddar cheese & caramelized onions	R132
EXTRAS: Cheese Avocado (seasonal) Mushroom or Pepper Sauce 120g Burger Patty Grilled Chicken Breast	R22 R25 R28 R30 R30

Portion of Veggies / Side Salad



VII. SCHNITZELS:

WIENER SCHNITZEL & CHIPS Crumbed chicken breast fried to golden brown perfection, Served with a lemon wedge & mushroom sauce	R120
GYPSY SCHNITZEL & CHIPS Grilled chicken schnitzel topped with tomato & bell pepper sauce	R120
BLUE ROCK CHEESE SCHNITZEL & CHIPS Grilled chicken schnitzel topped with ham, tomato Cheese & creamy mushroom / tomato sauce	R140
CORDON BLEU & CHIPS Crumbed chicken schnitzel filled with gypsy ham & cheese, Served with a lemon wedge & mushroom sauce	R140
III. RICE & PASTA DISHES:	

GOURMET MUSHROOM RESOTTO

R120

Blue Rock's Italian-style mushroom risotto with parmesan and cheddar cheese

EXTRAS:

Creamy Herb Dip	R22
Mushroom/ Pepper/ Hungarian sauce	R28
Portion of Veggies	R42
Portion of Side Salad	R42



IX. DESSERTS:

SUGAR CONE 1 SCOOP 2 SCOOPS Vanilla, chocolate or strawberry	R22 R38
MILK SHAKES Vanilla, chocolate or strawberry	R42
DONPEDRO Kahlua blended with vanilla ice cream	R60
ICE CREAM COFFEE Vanilla ice cream in iced black coffee topped With whipped cream	R70
COUPE DENMARK Vanilla ice cream & hot chocolate sauce & whipped cream	R80
HOTBERRY COUPE Vanilla ice cream with whipped cream and hot berry sauce	R80